



Quality,
Affordable,
Convenient
Health Care

Student Virtual Care Program

- ✓ Receive help for physical and mental health issues
- ✓ Connect quickly with doctors, counselors, therapists and student life specialists
- ✓ Available on your schedule by phone, video or app
- ✓ It's 100% confidential and 100% free to use!

Need Help Now?

If you are **feeling stressed** and need to talk with a student life counselor who can **help you find balance**, call Health Advocate.

(855) 384-1800

HealthAdvocate™

Need a Doctor?

If you are not feeling well and need to connect with a doctor, psychiatrist or therapist who can diagnose and prescribe, call Teladoc.

(800) 835-2362

 **TELADOC**™